



Virtual Team Building

Aime'e Julian, PhD Illinois Center for Specialized Professional Support (ICSPS) Illinois State University





- You are able to mute and unmute yourself.
- Please 'introduce' yourself by typing your name in the chat box.
- Please use chat box to ask questions and respond.
- Engage and PARTICIPATE!





Agenda for today...

- What is Virtual Team Building?
- Virtual Team Building Activities to Open Lines of Communication
- Tools for Communicating with your Team beyond the 10,000 emails



What is virtual team building?



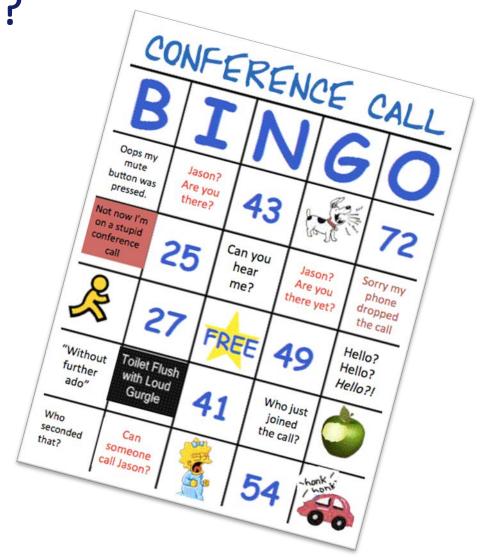
Virtual team building is the ongoing process of bringing remote teams together.

The intent is to help your team achieve deeper bonds by creating a collaborative environment that's similar to an in-office setting!



Why is it important?

Focusing on good team building isn't a priority for many team leaders. Team managers sometimes assume that remote workers don't care about connecting with their co-workers. They may also not realize the benefits of collaborating with people who work from home.





Why focus on team building?







COMBAT LONELINESS



IMPROVE PRODUCTIVITY



There is research on this...

• A study by Remote.co found that, "87% of remote workers feel more connected through the use of video conferencing."

So if you have the opportunity to use video with your team building efforts and icebreaker games – do it!



15 Team Building Ideas & Activities

- 1. Cribs: Remote Team Edition
- 2. The Desert Island Scenario
- 3. Fun Fact Guessing Game
- 4. Share a Photo
- 5. Community Coffee Breaks



15 Team Building Ideas & Activities

6. Bucket List— share your bucket list

7. That's Right, Bob!

8. Show and Tell

9. Simulated Problems

10. The Perfect Vacation



15 Team Building Ideas & Activities

- 11. Two Truths and a Lie
- 12. "Guess the Emoji" Board
- 13. Aliens Have Landed
- 14. Virtual Book Club
- 15. Online Team Bingo



A couple extra that are important during COVID

- Friday Retrospectives: Every Friday a team meets to share accomplishments and struggles from the week both at work and in life.
- Internal News Digest
 Put together an internal news digest and send it out weekly to the team. Include lighthearted news about people or companies doing good things despite the chaos and constraints of the moment.
- Personalized 1:1's

For your regular one-on-one meetings with your direct reports you want to still hits the crucial questions to clarify priorities, gauge engagement, resolve conflict, etc. But to begin, asks, "Are you okay today?" and then listens. This adjustment has helped make sure he prioritizes his team's emotional state first and foremost during these hyper-emotional times.



Tools for Video Conferencing, Screen Sharing, & Telecommunication

- **✓**WebEx
- √Skype
- ✓ Google Meet (formerly known as Google Hangouts)
- **√**Zoom
- ✓ GoToMeeting



Tools for Collaboration

- Microsoft Teams
 - Microsoft Teams Chat Function

Google Docs





What questions do you have?





Aime'e Julian, PhD

Director
Illinois Center for Specialized
Professional Support

⊠ alafoll@ilstu.edu

309-438-5122



